

'HIGHWAY TO THE SUN' – Volume 2

By Ferdie Rossi

INDEX

<i>Title</i>	<i>Page</i>
<i>Introduction (your free download)</i>	2
<i>What is the best way to truly live? (Your free download)</i>	3
Self Importance	6
<i>The Solar Logos (Your free download)</i>	14
You are the microcosm of the Macrocosm	21
Attitude and losing discrimination	28
Guides	32
How can I silence the inner voice?	38
Prayer – what is the most effective way to pray?	42
How does spirit contact us?	47
We create our own reality	54
Unreality in its many aspects	61
Looking through – using this principle one step further	74
Potential and kinetic energy	78
Mingling light & darkness & circulating chi energy in the body	84
The Art of potentizing medicine	90
The Greater Tantra	97

INTRODUCTION

This second volume continues the talks given by Ferdie Rossi in Pretoria, South Africa from 1988 - 1990.

Here you will find simple, practical and effective exercises to try for yourself, and if practiced regularly, they will bring about your own insights and wisdom. His unusual and simple methods enable you to move faster and more easily, in tune with the quickening energies of the Age of Aquarius.

Ferdie's approach is unique, as his extended perception and clairvoyance creates a totally different and much deeper view of the world and human nature, because he sees life on many levels as *different forms of energy*. This is the result of lifetimes of dedicated inner work, which he now brings to you in a new and practical way, called 'The Art of movement' - adapted from the Tibetan tradition of achieving perfection.

He explains further about many aspects of the 'reality' of this world around you, and it's relation to your own inner make-up. His aim is to promote a deeper understanding of *why* you are here on earth, and your ultimate destiny in the Cosmos - which is a never-ending story!

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Transcribed & compiled by Consciousness Publishers
P.O. Box 6405
Gold Coast M.C. Queensland 9726, Australia.

WHAT IS THE BEST WAY TO TRULY LIVE?

Do you think that you really live? You don't *really* live! As a small example, if you drink wine or grape juice, you cannot really enjoy it. Whatever life offers, you cannot really enjoy it. If you look at a beautiful flower from this point, you only think that you are really enjoying it, but you have not as yet really seen a sunset in your life. Try and recapture the memories of childhood that linger in the back of your mind - memories of perception that are always profound because somehow you were capable of enjoying something to its full when you were very young. Why are you here? To learn of course, but most of all, you are here *to enjoy on God's behalf*. When there is *no difference* between you and God, then you enjoy *as if you are God*. But because at this stage you cannot enjoy what life has to offer, it is very difficult to take what it can bring to you.

I will tell you why you cannot enjoy. It is because on the one hand there is beauty, and on the other hand there is obliteration and destruction. We have become a little wiser at this stage in our lives, as we have seen them both, so we do not cling to beauty too much, because we are afraid of the total darkness. We are always on the fringes between light and darkness. Because of this, we cannot really see the light and what it really is, nor can we really see what the darkness holds. We are 'in-between-ers' - we are lukewarm. We are neither hot nor cold, trying to experience a bit of both realities without ever facing anything.

The secret here is the knowledge that only when you are *completely in the darkness* can you totally enjoy and clearly see the splendour of the light - not when you are only on the fringes of that circle of light that moves outwardly. Only when you are totally in *the light* can you see the supremeness of *the darkness*. Do you understand? This boils down to the fact that in your world you will experience many phases and see many things, but there are two fundamental archetypes that are functional here. Firstly, there is the great archetypal Father, symbolical of the intellect and gives direction. But there is one aspect that we crucify throughout our lives, and that is the *archetypal Mother*.

Before this present cycle there were many other cycles. Long ago, God the Father and God the Mother had a little disagreement, and for aeons we have recaptured this little row that occurred. There was a time when females ruled the earth - when the vessel that contains life within it was the object of prayer. At that time no one thought of God the Father, because in the Mother there was great Power. But that power was abused, and Atlantis was the place where it ran out of control. When Atlantis was destroyed, the period of the Father began, with its direction - giving qualities, making us 'either-or' people. We do not see the Oneness of it all - it is either the Mother as a Goddess, or the Father as a God. We have never learned to mingle the two together.

The qualities of the Father are beautiful, but they also have a negative backlash. They give direction, and what do we see in this world? There is only direction, with no power backing it. Power is movement, and only the Mother as a Goddess contains power in her movement. When direction and movement come together, manifestation takes place. In this present time-phase, where the Father is the only God, we see narrow-minded people - "I know - you don't! This is the path; that path is wrong! We are big, and you are small!" There is no power taking any direction to a

conclusion. This has happened because we have sacrificed and crucified the Mother as a symbol in our worlds.

In our religion we have God the Father, God the Son, and then something that is not defined - God the Holy Spirit. My own personal joke about this is that it seems to be the case of the 'pregnant Father'! How can one have a Father and Son without having a Mother? Logically something is not quite correct! The Patriarchal System in which we now live, decrees that Mother must be in the kitchen. This 'one-direction' quality has caused this world to be in its present state. Things must be logical, otherwise they cannot be understood. If they are logical, then one can psychically move further.

Let me tell you about your Mother - she is quite a character! In this world everything is symbolical and this world is our subconscious mind. The sun is symbolic of God the Father. It is always stagnant and shining, very beautiful and I can see it. Similarly, the moon is symbolic of God the Mother. Is the moon always the same? No, it has phases. The moon starts from nothing or the first quarter, symbolical of the mother in her youthful aspect of purity, something that starts out and becomes an archetypal force that regenerates. It is the seed that comes to life. In your world you will always see something come out of nothing, growing forth in innocence. We all love the first aspect and cling to it. How often do we hear the phrase "I want to be always young and beautiful"? But the moon is never constant. It moves within the tides and becomes fuller. The second phase is the mother in her fulfillment. This is the archetype that brings the little plant into a bush or a tree, so that it becomes fulfilled. It is the mother that is pregnant, at the point of giving birth unto the new, or regenerating from within her. It is a gigantic cosmic force, and is exceedingly powerful. The same face is the mother of war and destruction, because she will do *anything* to protect her children! The same face has two aspects. Her picture is usually that of a gigantic Amazon with power and aggression - a moving force.

But the full moon always flows into the next cycle - that of the quarter moon, which shows degeneration. This is the ugly old hag, who scares the little children - the archetypal witch. In the Bible she stands at the doorposts of Zion and calls forth, and her name is Wisdom. The dark moon then follows, and this is the one we cannot face - the Mother of Death and obliteration. This Mother spurs forth the floods, cyclones, earthquakes - which cause cancer or any disease that destroys. Mother Kali is her name.

In our lives we love things to grow and expand, but when they start to degenerate, we cling back, start trying to put new life into things, and pray that it will succeed - whereas there is nothing that can prevent the degeneration of all things. You will eventually die one day, whether you are God or not. You will flow with the faces of the Mother. Understand that this dark moon, the old Hag, will one day visit you on your death-bed, and cut the lines with a pair of scissors, thereby destroying and

obliterating your body, so that you can move somewhere else. She is also the bringer of Light, because, is it not out of the darkness that the young moon comes forth?

If you really want to enjoy life, here is the secret of the ages - Look into the dark face of the Mother, and become a devotee of this face. Look through the obliteration to see the Mother as one Whole Unit. She is beyond all these expressions and faces. This archetypal force is beyond it all, and the Mother is One Unit - symbolically ISIS, and the universe comes forth from Her body. When you become a devotee of the Mother, this does not mean that you become all 'holy-holy'! It means that when you look into this aspect within yourself, because you contain it within you - it is *your own* deceitful self - the inward you that is rampant and destructive. Instead of judging it and killing it, wanting it out of your system, *look at it* and devote yourself by *giving it attention*. Face it and see its necessity, as it is an archetypal force. You will see the beauty of the Mother beyond. Then you will symbolically be in total darkness, and when you look at the light, you will see it in all its splendour. Then you will be *totally* alive, because within you there will be no fear of death, destruction, or obliteration.

Then you will *enjoy* life to the full and truly LIVE!!!

THE SOLAR LOGOS

What is a Logos?

Logos means God, the Supreme Father principle that is symbolized by the Solar Logos or the Sun. Now the sun is very interesting. One of the ways in which you can find out a little about a person, is to ask him how he feels about the sun. How do *you* feel about the sun? You always determine a person's contact with the spiritual sun or his contact with God by measuring his feelings towards the sun. So we have a far way to go. Why is the sun so very important? First of all, it gives life to all things on this earth. Without it, there would be nothing.

A sun's history

Now the sun is just a very small star in the universe. By observing the physical sun and the forces that are active in it, one can learn a great deal about Spirit. Billions of years ago, a tiny atom succeeded in pulling another atom towards itself, so that it became two atoms, forming a molecule. The gravitational force of that one molecule started drawing yet another molecule toward it, and so eventually a very tiny ball of dust started to form. As it grew, somehow the gravitational force around it started accumulating and attracting other particles of dust. Eventually there was a dirt ball drifting in space, but how did it start? With one atom, that could pull another atom towards it - the original atom in the Solar Logos. But somewhere the original thought of the Solar God existed - the essence within the God that expressed the sun. One may say that when the entity that is now the sun started evolving in the beginning, it expressed the heart of God in the form of that one single atom. It could create a

gravitational pull around itself to eventually create the dust ball in space. What type of force caused the sun to exist? What is the strongest force in this universe? Gravity or love - that which attracts and draws towards itself, which is something very special. So we can say that gravity is the universal mind's expression of love.

If we follow the story of the dust ball, something very interesting will happen. The greater the dust ball, the greater the gravitational field. For example, only one hand is needed to pick up a shoe, whereas two strong arms are needed to pick up a table. Why? Because the table is much heavier. In the same way the bigger the dust ball grows, the greater it's gravitational pull, and the more dust particles that can gather around it. Eventually it accumulates hydrogen and oxygen, and everything necessary to become enormously big. It is now bigger than the earth or Jupiter, and as it grows, it reaches a certain point in its evolution that is crucial.

What accumulates in the centre of that dust ball? What would conditions be like in its centre? Don't you think that the particles contributed to the creation of a tremendous pressure? The centre is where the one little atom started out and formed the soul of that God. Eventually, a critical point is reached in that star's evolution. The pressure in the centre becomes so big that nuclear fission takes place, which simply means the following. I take one atom, and another atom, and if they are squeezed hard enough, they combine, and then two atoms become one atom. If one hydrogen atom and one oxygen atom unite, they will become one helium atom, which then releases a tremendous amount of energy. This nuclear fission can form an atomic bomb so great, that the whole dust ball we have been discussing would be blown to bits.

But now the interesting thing is this, that out of one force, another force was born, and suddenly there are now two active forces. What are these forces? They are positive and negative, or centripetal and centrifugal forces. The only thing that is keeping the dust ball together, now that it is a potential atomic bomb, is *gravity*. But what is trying to destroy the dust ball is the fire – or nuclear fission and power from within its centre. If the contraction force is too great, it will explode. Why will it do that? The hydrogen fission or the nuclear bomb inside will have grown out of proportion. Too much energy will have been released. If there is not enough gravity, there will be no fission. These two forces are now in equilibrium. Why? If they are not in balance, either an explosion, or an implosion will occur. It would fall in upon itself. If the forces are in equilibrium, the dust ball becomes a shining sun. It is not exploding, so it will keep on shining for millions and millions of years.

Prana = awareness = mind

What has that to do with us? The sun produces a special type of energy necessary for life to exist. We have a special name for that energy which is Prana or life force. This is most important to know, if you want to understand mind. Prana is not just energy drifting in the air. Prana is life force and can be called *awareness*. Each Prana particle is a tiny weenie little bit of potential consciousness - or awareness. Now if *we* were prana particles drifting and flowing as energy, and were unaware of one another, what would we be like? If I could somehow get another prana particle to join with me, even though it is a struggle, and two prana particles can become one, what will happen to our mutual consciousnesses, perception or awareness? It will become enhanced and grow bigger. If enough prana particles can come together, we will eventually create a group consciousness that will say, "I am aware of my own group consciousness."

Gravity

This brings us to the next point. What are we? *We are a lot of prana particles that are glued together.* What is gluing us together? What is keeping our prana particles and our mind together? Glue of course, but what is that glue? It is a consciousness in itself, but the force that is keeping our prana particles together is *gravity*. We are a group consciousness of all these prana particles that are emitted by the Sun. If one disperses them or lets them drift apart, there would be no entity. Because they are drawn together we can say, "I am". Here we are talking about what is happening on the etherical and astral levels - we are not talking about the higher levels.

Symbolically, something beautiful now happens. As above, so below. Your third eye is a sun, and is nothing else but a reflection of the greater sun. What the sun has done in its evolution, you have done in your evolution. As the sun draws the prana particles together in its gravitational field, so you do likewise in your mind. In your evolution through many lifetimes, you succeeded in drawing energy together. So you are basically a sun, or a child of the sun. Because of this, your mind is not *your* mind, as it *originated from the sun*. The important thing here *is mind*. Mind is a potential energy that is rushing around, and is symbolically a sun that is burning up. Mind also goes through the phases of evolution as the sun evolves, and eventually your mind will die. What remains will be your heart or the Self that is beyond mind. In the mean time you have this mind that is burning and lighting up by thinking and saying, "I am, I think."

If all the space was taken out of the atom of the sun, and only the nuclei remained (because within them is concentrated the whole mass of the atom) from something as big as the sun (volume wise) that 'being' would be *no bigger than a pea*. Some say that it will be even smaller. That is why black holes exist. In a sun's evolution, as it grows beyond a certain volume, the gravitational pull becomes so strong that it starts collapsing into itself. All of its matter, all its essential being, starts concentrating on a teeny weenie point as big as a pinhead. Then it will weigh as much as ten suns. That is the story of mind, no matter how you look at it.

From our point of view, it is very nice to know that there is a relationship between one's mind and the sun. Let us say that I have a problem, that I am becoming senile! I am moving backwards. What am I going to do? I know that mind originates in the Solar Logos, that I am *not* my mind, and that I am beyond it. I also know that it is a servant to me and I can align my mind with the sun. I am now speaking of the physical sun. Then I can re-energize and vitalize this mechanism that I call 'my mind'.

The reason why you are reading this book is to find out how you can get to your Spiritual self in order and align it. It must be practical, and there is a practical way of doing it. In many Yoga systems, there is a practice where you salute the sun. (Surya Namaskar).

Sun Exercise

1. Take your finger and make a little hole in the middle of your forehead, in your mind. Imagine as if you are capable of making a hole, but do not pay too much attention. Observe it, more than thinking or visualizing it. Do it with a child-like attitude. Open this little hole with your finger.
2. Imagine as if a tunnel is forming, and at the end, you see a small circle of light as big as a table tennis ball, in the centre of the mind where the third eye is seated. Can you feel the hole, as if there is a pressure in the forehead?
3. When you are aware of that bright light in the centre of the head, a pressure starts forming in the third eye centre. If you can feel something happening in that area, then you know that you have done it correctly, or that you have pushed too hard with your finger! Use this technique as a mechanism to enforce your belief.
4. Now imagine as if that little drop of light can move through the tunnel, and is capable of hanging in front of you. And now feel, do, or don't do, or imagine as if that blob of light is moving away from you, as if *you are* that blob of light. Imagine that it is your mind that is accelerating away from you and moving towards the sun. You will know that you have done it correctly when you have a silver sun in front of you radiating light. Many people hear a high piercing sound with this vision, or they hear the movement of that blob of light.
5. Now in your mind, let that blob of light become at one with that gigantic sun. All you need to do is to observe the sun in your mind knowing that your mind mingles and becomes at one with it.
6. Now imagine as if it breaks away from the sun, and returns as a shining brilliant sun, again entering through this tunnel in your head, and settling in the third eye centre once more.
7. When you have succeeded in doing that, seal the gap in your forehead by rubbing it. You make a little cross if you like. Do you understand the linkage between mind and sun?

One should not speak too much of one's own self, because that creates ego problems - but when I was in Form two in High school, I was unaware of anything except the sun. It was an interesting symbol to me. I started meditating and concentrating on the sun and did this exercise that I have shown you. I was in the class that day and the teacher was absent. The other boys were having fun, and I was doing this exercise, concentrating on the sun. Suddenly it was as if a bolt of lightning hit me, and I was ill for three days afterwards. It was a shocking experience, but great Shakti can be attained in this way. Do not underestimate it. It was as if my head exploded and energy rushed down my spine.

Align yourself with the sun. Guru Yoga is one of the ancient and most powerful Yogas that open up when one aligns oneself with the sun. It is a practice where inwardly, one keeps looking up at the sun. No longer is one looking at the sun in the third eye centre, but the *sun in the sun* that is shining above the head. We are searching for that which is beyond the sun. A way to enter into it is to make use of the symbolism of the sun. Just before you are capable of finding that which is beyond light and darkness, or the real self, you will have to pass the physical sun. Practice well; it does wonders for the skin!

The moon and solar flares

Let us discuss the moon. First of all, one of the reasons why the moon reflects the sun is that the moon connects with Mother, and She is never stable. Mother is always changing, as the events in this world are always changing. As the sun emphasizes the light that is radiating which is Father, so the moon emphasizes the darkness that is overwhelming. Which is greater - the sun shining in the darkness, or the darkness being penetrated by the sun? They are both the same. When you look at the moon, reflecting the sun, the emphasis is more on the darkness that the moon is showing, as a face of the Mother. As the sun shines out light, so the moon shines out darkness.

Solar flares occur when an aspect of the sun, that is always a female force, is in action. One may say that gravity is always directional - The Father Principle is going to the centre of the sun. Mother is without direction and random, but energetic, explosive and powerful. Now a solar flare always originates at a point, shoots thousands of kilometers into space, and then returns to the sun, because gravity pulls it back again. A solar flare as an archetype relates to irrational and directionless qualities in mankind. The way to understand this archetype is to picture a mad woman. "Hell hath no fury like a woman scorned" - that type of aspect within us. When solar flares occur, you will find many mad people responding to this energy. We all have this mad aspect within us, and it manifests in different ways according to our inner make up.

There is a relationship between solar flares and mind activity in people. If there are many solar flares, a period of great activity in mind occurs resulting in many new and original ideas. People start thinking out new projects or new problems are worked out. It is a totally neutral energy, and it affects people in many different ways. Our whole evolution is nothing but a reflection of the sun's evolution. You will evolve, and you will either make it in the very end or you will not. For the worthy there is always a second chance.

The sun's ending

When a sun succeeds in accumulating too much matter, its end is a very beautiful affair. Our sun for instance, which is a very advanced star, will eventually expand to such an extent that it will swallow the first three planets - Mercury, Venus and the Earth. This will happen when it starts forming the elements of iron, which is an interesting element. When all the lighter elements and atoms combine together, they *release* energy when the sun has gone through all the phases of making helium, lithium, and potassium. Eventually oxygen and then iron, which is a very heavy element, are formed.

Instead of giving off energy, it will start *taking up* energy. There is a relationship here to the iron age, which means the end of the sun as a cycle, or the degeneration of the sun. The sun will then start moving inwards. It will no longer shine outwardly. Energy is now being used to form the elements, but at that stage, it will cool off. Because it is still relatively hot, it will expand. Another reason for the expansion is the forming of the heavy elements, meaning a heavier and bigger nucleus, and heavier and bigger atoms. Eventually the sun will become big enough to swallow up the first three planets. There is a story that in the end of time, the earth will be taken up by the sun, or become an extremely hot planet

and start burning. This will actually happen. We contain a body of light, so as to be able to withstand tremendous heat. By then mankind will have evolved beyond our present stage, and be capable of activating this body. All things will become totally one on the surface of the sun, but that is still a few billion years away from us. After that stage, the sun will cool off and start collapsing, because it will still have its gravitational force.

Remember there are two forces - the one is a nuclear explosion, that wants to break up, and the other one wants to contract, to pull together. Eventually when there is no nuclear fission and no energy, it will start contracting. Eventually a point will be reached when it becomes cold, and its crust starts to collapse. Suddenly that enormous sun will start falling towards itself. All its matter will start moving inwards. Because of the momentum, there will be a tremendous pressure in the centre of the sun, which will fuse many elements, and a tremendous build up of energy will take place. The sun will throw off its outer shell, and there will be the most beautiful nova explosion. It will not be a super nova. Our sun will live a relatively long time, whereas a sun ten times as big as our sun only lives a tenth of the life-time of our sun. The brighter the light, the shorter the lifespan.

That sun will also burn up *all* its fuel to expand, and when it eventually contracts, because it is ten times as heavy as our sun, it will become one gigantic nuclear explosion. In our history, only two super nova explosions have been observed. A normal nova is a star that starts exploding, and it shines out so brilliantly, that it can be seen during the day. One normal nova is recorded about every 600 years, sometimes a little less. But a super nova explosion occurs every one or two thousand years. When this occurs, even though that sun is ten billion light years away from the earth, it can be seen. There is a possibility that the star of Bethlehem was a super nova explosion. The light of that explosion is as bright as the sun shining in the daytime. For three days that explosion in the universe is incomparable. The totality of that solar star becomes one gigantic atomic bomb explosion. When a normal atomic bomb explodes, only two or three grams of matter disappear to create that tremendous heat. What happens when a whole star becomes a nova? Billions and billions of tons of matter just disintegrate, releasing a beautiful explosion.

The physical matter from the explosion is scattered throughout the universe. But when a sun becomes as hefty as fifteen suns, something most interesting happens. At the final stage, when that star is dying away, the contraction of matter is so great, that the energy released is not enough to overcome the contracting pull when it collapses. Then the whole mass of that star is compressed into something as big as a ping-pong ball. A black hole is then created. There are many theories about black and white holes, so let us take a look at black holes. The gravitational pull of a black hole is so great that not even light can escape it. Everything moves into that black hole and vanishes - possibly into a different dimension.

The missing mass

Our evolution is very much like the sun. Your mind expands and grows stronger, and you become aware in a greater way. You live a life, you become senile, and eventually you die. When that happens, your mind explodes very much like the sun, and your lower mind falls back into this level. A minute little bomb explosion on the etherical level takes place, and your real self moves up somewhere else. Your evolution is very much like that of the sun, and eventually you will be capable of doing something very supreme.

Presently, scientists are aware of the problem of the missing mass. Our universe exploded in the beginning, and is accelerating outwardly. All the matter in this universe creates a gigantic pull. All the little suns and the many stars in this system draw one another together, but presently our universe is still expanding. It is not contracting. Calculations have been made and there is a great deal of mass not accounted for in our universe. If things are left as is, this universe will never have the gravitational field to draw itself together again. Then this world, and the way things exist, will be the last one. Brahma will never breathe again. A totally new universe and expression of consciousness cannot be manifested. Where is the hidden mass?

The hidden mass is reading this book!

Why are you struggling in life? You are learning to overcome the power of love and the power of hate - attachments and repulsions. That is why you learn. Your destiny is that in the end of days, *you will* become a heavenly body. (That is, if you succeed!) I always like to put this into the picture as it makes it so much more interesting. It gives us the make belief that we have a personal will in the matter! *That is your destiny and that you will become.* Consciousness can only expand. One can only bring oneself together. Life is a continual battle of how you can gravitate yourself towards yourself, of how you can bring that *which already exists* to yourself. In that way consciousness can expand and grow bigger. It is not that you must develop these things. It is merely bringing together that which is already there!

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